

DI FRANCO PERIODONTICS

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SPECIAL PRECAUTIONS FOLLOWING MAXILLARY SINUS SURGERY

- Use all medications as directed. If you develop any side effects or have any questions, stop the medications and contact our office immediately.
- Do **NOT** drink with a straw.
- Do **NOT** blow your nose. Do **NOT** attempt to hold your sneeze through your nose. If the urge to sneeze arises, sneeze with your mouth open.
- Do **NOT** play any wind instruments.
- Do **NOT** smoke cigarettes, pipe, or cigar.
- Do **NOT** open your mouth widely.
- Avoid swimming and strenuous exercise for at least one week.
- Eat a soft or liquid diet. Chew on the opposite side of your mouth as much as possible.
- Continue to brush your teeth but **AVOID BRUSHING OR FLOSSING THE SURGICAL AREA.**
- It is not uncommon to have a slight amount of bleeding from your nose for several days.
- It is not uncommon for swelling and/or facial bruising to develop.
- **IF ANY UNUSUAL SYMPTOMS OCCUR, OR IF YOU HAVE ANY QUESTIONS CONCERNING YOUR PROGRESS, PLEASE CONTACT OUR OFFICE IMMEDIATELY.**